





Miso Glazed Chicken & Veggie Loaded Stir Fry w/ LemonGrass Jasmine Rice

Pan Seared Salmon. Sweet Potato Puree. Roasted Asparagus. Blistered Cherry Tomato

Squash and Chickpea Massaman Curry

Banana Zucchini Muffins

Meals are Designed for 2 or 4 People \$150 ~ 2 People \$200 ~ 4 People

Fully Cooked and Easily Reheated or Freeze for Later

Orders Can Be Placed Via Email to <u>aramreed@gmail.com</u> Thank You For Your Continued Support.